

# Tea Time with Tammy

*You are invited to a Tea Time with Tammy Gowash  
the Executive Director of ARTC.*

Getting Ready for Retirement? Let's Talk Health Insurance & Medicare with ARTC's insurance co chairs Jane Wilson and Walt Ciplinski. Retirement is around the corner — and with it comes the importance of knowing about your health insurance.

If you're a teacher nearing retirement, join us for a helpful webinar explaining how your health insurance works in retirement through your former Board of Education and the Teachers' Retirement Board once you retire and then become Medicare eligible.

We will review:

- Transitioning on your Board of Education coverage
- How and when to enroll in Medicare
- How Medicare coordinates with your retiree health benefits
- What the Teachers' Retirement Board provides
- Key timelines to keep in mind
- Answers to your questions

This session is designed to give you clarity and confidence as you plan your transition into retirement.

Please note: This session explains how coverage works. It will not address how to afford coverage or provide financial planning advice.

**When: Thursday, April 30, 2026**

**Time: 7:00 - 8:00 PM EST**

**Duration: 1 Hour**

**How to Register: [Click here](#)**

**Limited spots available**

**Registration closes Tuesday, April 28, 2026**

**Questions: Call ARTC 860-649-9457 or email [artct@artct.org](mailto:artct@artct.org)**

**Your years of service matter — and so does making sure your health coverage continues smoothly into retirement. We hope you'll join us! Retired ARTC members are welcome to attend with the understanding that this presentation is intended for active teachers on the path towards retirement.**